Washington Association of Physicians of Indian Origin

3/24/2021

Community Outreach Committee

The mission of WAPI Community Outreach Committee is to improve the health status of the Greater Seattle area in ensuring that the residents stay well through better health and education.

WAPI offers a variety of services and activities to keep people informed about health and wellness. We partner with IAWW in some of our efforts. Some of these initiatives in past include:

Active Adult Health & Wellness Outreach: WAPI Health brings health and wellness events, health screenings, educational seminars, and special events to active adults in our service area.

Health Education: WAPI physicians and other health care professionals offer educational programs and special events covering such topics as asthma, diabetes, nutrition and healthy eating, behavioral health, cancer and, heart disease and stroke, and many more.

Health Screenings: Early detection is critical to successfully managing many health issues. WAPI provides free and low cost screenings for a variety of conditions, including blood pressure, cholesterol, glucose, body mass index, bone density, stroke risk assessment, diabetic retinopathy, cancer, and more.

Organizing Events like Walkathon to make the community aware of these problems

The Community Outreach activities are initiated by the

- o Community Outreach Chair and Committee
- o Young Physicians and residents Committee.

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